

# GLUTEN FREE MENU



## Tummy Warmers

3 Chicken Nuggets GF	\$4.00
6 Chicken Nuggets GF	\$8.00
Hawaiian Pizza <mark>GF HM</mark>	\$5.00
Cheese Pizza GF HM	\$4.50
Vegetarian Pizza GF HM	\$5.00
Chicken Pizza GF HM	\$5.50
Curried Sausages & Rice GF HM	\$4.00
Vegetarian Curry & Rice GF HM	\$4.00
Spaghetti Bolognese GF HM	\$5.00
Sausage Roll GF HM	\$4.50
Beef or Chicken Cup of Noodles <b>GF</b>	\$4.00

### Salad Boxes 4 Cold Food

Ham salad box GF HM	\$5.00
Tuna salad box GF HM	\$5.00
Fruit salad box GF V HM H	\$4.00
Vegetarian Noodle Rice Paper Rolls GF V HM H	\$5.00
Greek Salad GF V HM H	\$4.50
Garden Salad GF V HM H	\$3.50



#### Snack Food

Popcorn GF V H HM	\$1.00
Koala Popcorn – BBQ, Chicken + Sweet Chilli GF	\$2.00
Watermelon Cup GF V HM	\$2.00
Carrot Sticks GF V HM	\$1.00
Frozen Pineapple Ring GF V HM	50c
Frozen Grapes GF V HM	\$2.00
Twisted Frozen Yoghurt GF V	\$2.50
Orange Wedges GF V HM	\$2.00
Mamee Rice Sticks GF	\$2.00
Piece of Fruit GF V	\$1.00
Juicies Ice Treat GF V	\$1.00
Frozen Juice Cup GF V	\$1.00
Quelch Stick GF V	\$1.00

### Thirst Quenchers

Water 600ml	\$2.00
Fruit Infused Water	\$2.50
Oak Milk Lite	\$2.50
Juice Bomb Cans	\$2.50
Juice Poppers	\$1.50



To order online please go to <a href="www.myschoolconnect.com.au">www.myschoolconnect.com.au</a>. All online orders must be placed by 8am. If you miss this cut off time orders can be placed at the canteen by 9:00am. We accept cash & EFTPOS payments also. Sauces + Salad dressings are available for 50c each. Sandwiches can be toasted for an extra 50c and can also be changed to a wrap or bread roll for \$1. You can add cheese and other extras for 50c each. Extra spoons and forks are 10c each. All ice blocks, watermelon cups, yoghurt cups, noodle cups and custard cups need to be collected from the canteen by the student as these will not be sent to their classroom to avoid any spillage. Healthy over the counter items are available daily and range from 50c to \$2.50, these will be displayed on the counter at lunch and recess.

If making a halal or gluten free order or if student has any allergies please write dietary requirements clearly on the lunch bag.